



### Patient Participation Group

Would you be interested in joining our Patient Participation Group? Please ask to speak to Miss Samantha Cromar or Louise Powell and they can register you.

### **Practice Opening Hours:**

 $\textbf{Mon} \hspace{0.2cm} 9am\text{-}1pm \;\&\; 2pm\text{-}\; 6pm$ 

**Tues** 9am-1pm & 2pm – 6pm

 $\mathbf{Wed}$  9am-1pm & 2pm-6pm

**Thurs** 9am-1pm

Fri 9am - 1pm & 2pm - 6pm

#### **Prescriptions**

All prescriptions will need to be requested:

Online: please ask at reception for a registration form.

In Writing: Using either re-order slip or on a piece of paper with your name and date of birth added.

We can accept prescription requests over the phone between 11am and 1pm.

### **Newsletter Spring 2022**

#### Did you know?

We continue to experience a high number of patients who do not attend their pre-arranged appointments.

In March 2022 alone there were 63 patients who did not attend. This amounts to over 10 hours of GP time wasted.

Please remember to cancel your unwanted appointments.

#### **NHS Health checks**

If you are aged between 40-74 years old, you may be eligible for an NHS healthcheck.

As we get older, we have a higher risk of developing conditions like high blood pressure, heart disease or type 2 diabetes. Your free NHS Health Check can spot early signs and help prevent these happening to you, which means you'll be more likely to enjoy life for longer.

## Useful Information

Gateshead talking therapies 0191 2832541

Self-refer Physiotherapy 0191 4452643

Patient transport 0191 2151515

Radiology to book X-ray 0191 4452491

Crisis team 0191 8148899

## Additional help and support available.

We have other staff who work with the practice such as the Care Navigators, Link workers, Mental Health Practitioner, Councillors and Pharmacists. Sometimes you may be directed to those mentioned above depending on your needs.



# Why you might be offered an appointment with the local pharmacy instead of a GP.

# facebook. ...

Remember to keep up to date with our practice news on our Facebook page.

## NHS Community Pharmacist Consultation Service (CPCS)

The NHS Community Pharmacist Consultation Service (CPCS) offers patients same day minor illness consultations with a community pharmacist.

This new service can support general practice to ensure patients are seen by the right healthcare professional, in the right place, at the right time and will help make more GP appointments available for those with higher acuity needs

The benefit of the service for patients is that they are triaged on the same day and given the clinical advice and support they need. There is good <a href="evidence">evidence</a> that advice provided by community pharmacists about minor illness results in the same outcome as if the patient went to see their GP or attended an emergency department.

When a patient with minor illness symptoms contacts the GP practice requesting an appointment the receptionist will ask them a series of questions using a standard appropriate symptom checklist. If their symptoms are appropriate, the GP practice can refer them for a same-day consultation with a community pharmacist. With the patient's consent, the practice team can send an electronic referral message to the pharmacy the patient has chosen, to support safe follow up and audit.

Keeping your details up to date

Please remember to update your contact details at the surgery.





You can use the NHS App to make appointments, order repeat prescriptions and access your personal data.

